

## Helpful capacities, skills, & intentions for service...

- desire consciousness & have a strong care for all humanity
- desire mental stamina & willingness
- desire social courage & loyalty
- desire energetic or spiritual humility
- desire emotional fortitude, maturity, & perseverance
- have an accountability: plan, sponsor, & support system
- have spaces/places to take this journey til' physical death!

“the Chakra colors are no accident btw”

Volunteering is an event, but service is a virtue and culture; it's a way of “being and doing.” If you answer “no” to one or more of the following questions, then you are a huge part of the tension, oppression, the prevention of healing historical trauma around racial intersections, class, religion, gender, and environmental disruption. Please get professional help to prepare for service in the betterment of the world.

- Do you deeply care about the holistic progress and well being of ALL Earth's peoples irregardless of age, background, belief, color or pigmentation, and phenotype?
- Do you wish to investigate truth and understand histories, both conscious and subconscious motivations, as well as institutional policies' impacts on all kinds of people today?
- Are you willing to investigate and acknowledge how your core beliefs, conscious and subconscious thinking, actions/inactions, and passions or pleasures can contribute to oppression?
- Are you having frank and honest conversations about race, racial intersectionality, racial prejudice, racism, and racial reconciliation with people of diverse backgrounds who would be considered both inside and outside of your racial profile on a regular basis?

What is a...

What is the historical treatment of a...

# MINORITY

How do people compete to be the #1 or most represented...

What would it look like if the “majority” became and was treated like a...